



Medical History Form

Patients Name: \_\_\_\_\_ DOB: \_\_\_\_\_

Email Address: \_\_\_\_\_

Date Completed \_\_\_\_\_

Current: (WT) \_\_\_\_\_ (HT) \_\_\_\_\_ (BMI) \_\_\_\_\_

Vital Signs: (BP) \_\_\_\_\_ (P) \_\_\_\_\_ (R) \_\_\_\_\_ (T) \_\_\_\_\_

Reason for visit: \_\_\_\_\_

Do you have an advance directive:  Yes  No / Name: \_\_\_\_\_

Relationship to above name: \_\_\_\_\_

Do you wish information about directives:  Yes  No

Referring Provide or Primary Care Physician: \_\_\_\_\_

Past Medical History: (circle all that apply)

Asthma, Bleeding Disorder, Bronchitis, Chest Pain, Depression, Diabetes, Emphysema, Gout, Heart Attack, Heart Disease, Heart Murmur, Heart Valve problems, High Blood Pressure, Irregular Heartbeat, Jaundice, Kidney Disease, Stroke, Thyroid Problems, Tuberculosis, Ulcers,

Cancer: (please list) \_\_\_\_\_

Other: \_\_\_\_\_

Past Surgical History: List personal past surgeries

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Medications: List name(s), dosage, frequency (this includes herbals, vitamins/minerals/dietary and nutrient supplements)

| <u>Drug Name</u> | <u>Dose</u> | <u>Frequency</u> |
|------------------|-------------|------------------|
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Allergies to medication(s): \_\_\_\_\_

Please list if allergic to Iodine, Latex, Shellfish, X-ray Dye, Other: \_\_\_\_\_

Past Family History:

(Circle all that apply to your immediate family and indicate the family member/mother, father, sister brother)

Diabetes \_\_\_\_\_ Heart Attack \_\_\_\_\_ Heart Disease \_\_\_\_\_

High Blood Pressure \_\_\_\_\_ Kidney Disease \_\_\_\_\_ Stroke \_\_\_\_\_

Cancer: (type) \_\_\_\_\_

Social History:

Do you smoke?  Yes  No / did you smoke?  Yes  No / If YES, for how long? \_\_\_\_\_

Interested in counseling on stopping smoking  Yes  NO

Do you drink alcoholic beverages? Yes No / If YES, how much and how often? \_\_\_\_\_

Occupation: \_\_\_\_\_

**\*COMPLETE BOTH SIDES OF THIS FORM**

Do you have or have you had any of the following problems.

Please circle YES or NO and explain all YES answers

Updated and reviewed \_\_\_\_\_ /Update and reviewed \_\_\_\_\_ /Update and reviewed \_\_\_\_\_

|  |  |
|--|--|
| <b>Constitutional Symptoms:</b><br>Fever<br>Weight loss or gain  | Yes/No _____<br>Yes/No _____   |
| <b>Eyes:</b><br>Blurred or double vision<br>Cataracts<br>Glaucoma  | Yes/No _____<br>Yes/No _____<br>Yes/No _____   |
| <b>Respiratory:</b><br>Wheezing<br>A frequent cough<br>Shortness of breath<br>Asthma/Bronchitis/ Emphysema/<br>Pneumonia<br>Tuberculosis   | Yes/No _____<br>Yes/No _____<br>Yes/No _____<br>Yes/No _____<br>Yes/No _____                                 |
| <b>Genitourinary:</b><br>Frequent urination<br>Painful urination<br>Nocturia (getting up to urinate at night)<br>Blood in urine<br>Incontinence (urinary leakage)<br>Urinary tract infections<br>Slow stream | Yes/No _____<br>Yes/No _____<br>Yes/No _____<br>Yes/No _____<br>Yes/No _____<br>Yes/No _____<br>Yes/No _____ |
| <b>Integumentary:</b><br>Skin rash   | Yes/No _____   |
| <b>Hematologic/Lymphatic:</b><br>Enlarged lymph nodes<br>Bleeding problems<br>History of cancer  | Yes/No _____<br>Yes/No _____<br>Yes/No _____   |
| <b>Cardiovascular:</b><br>Chest pain<br>Rheumatic fever<br>Rapid heartbeat<br>High blood pressure<br>Pain in legs (calf) with walking  | Yes/No _____<br>Yes/No _____<br>Yes/No _____<br>Yes/No _____<br>Yes/No _____                                 |
| <b>Gastrointestinal:</b><br>Abdominal pain<br>Nausea and or vomiting<br>Rectal bleeding<br>Diarrhea/Constipation<br>Hepatitis  | Yes/No _____<br>Yes/No _____<br>Yes/No _____<br>Yes/No _____<br>Yes/No _____                                 |
| <b>Musculoskeletal:</b><br>Joint pain<br>Back pain<br>Arthritis  | Yes/No _____<br>Yes/No _____<br>Yes/No _____   |
| <b>Neurologic:</b><br>Seizures<br>Paralysis<br>Tingling  | Yes/No _____<br>Yes/No _____<br>Yes/No _____   |

|  |              |
|--|--------------|
| <b>Endocrine:</b>                        |              |
| Thyroid problems                         | Yes/No _____ |
| Diabetes Mellitus                        | Yes/No _____ |
| Increase thirst/Heat or cold intolerance | Yes/No _____ |
| Excessive urination                      | Yes/No _____ |

*Updated & Reviewed 07/2020*

